

Awaken Your Inner Activist



Overview

- Discussion
- Activity
- Discussion
- Different kinds of activism
- Hollaback



Community Building Activity!

Evolution Rock Paper Scissors

1. Egg
2. Chicken
3. Dinosaur



What is activism?

The policy or action of using vigorous campaigning to bring about political or social change.



What is activism?

- What does it look like to you?
- Who are famous activists that you can think of?
- What are famous movements that you can think of?
- How do you participate in activism yourself?



Timeline Activity-From the Past to the Present

What did activism look like during this time?

- Means and method?
- People involved?

Who were famous activists during this time?

- Why did/do they gain recognition?
- Doesn't have to be limited to America.



Timeline Activity Discussion Questions

- What are some of the similarities?
 - How? Issues? Methods? Goals?
 - Notable change made?
- What are some of the differences?
 - Outside/generational influences?
 - Demographics?
 - Access?
 - Effects had?



Different Forms of Activism

Many folks think that big actions and large scale protests are the only forms of activism, or the only forms that are effective, but that's not true!





Free breakfast programs

Free Clinics and Free ambulances



Teach Ins



Other forms of activism

- Social Media
 - #BlackLivesMatter
 - #Not1More
 - #NoDAPL
- Educating yourself and your community
- Uplifting your community
- Organizing
- Eating, sleeping, taking care.



9 IMPORTANT SAFETY TIPS FOR PROTEST NEWCOMERS



1 WATER MAKES PEPPER SPRAY WORSE. USE MILK OR LIQUID ANTACID & WATER. DON'T WEAR CONTACTS. WEAR GOGGLES IF YOU HAVE THEM.

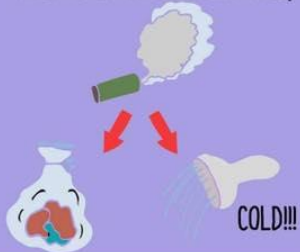


4 THE AUTHORITIES ARE VERY GOOD AT COMBING THROUGH PICTURES & DOXXING PEOPLE. WEAR A MASK.



7 IF YOU PLAN ON GOING TO JAIL, PLAN IT: BAIL, LAWYER, TIME OFF FROM WORK, WITNESSES & SUPPORT. DON'T JUST GO TO JAIL WITHOUT TRAINING.

2 IF YOU GET TEAR GASSED, WHEN YOU GET HOME, PUT THE CONTAMINATED CLOTHES IN A PLASTIC BAG FOR LATER DECONTAMINATION & SHOWER WITH COLD WATER TO AVOID OPENING YOUR PORES.



5 WRITE ANY NECESSARY PHONE NUMBERS YOU MAY NEED DIRECTLY ON YOUR SKIN WITH A SHARPIE.



8 MAKE SURE ALL MOBILE DEVICES ARE CHARGED!!!



3 COME WITH FRIENDS & DON'T GET SEPARATED. AVOID LEAVING THE CROWD & WATCH OUT FOR POLICE SNATCH SQUADS.



6 COORDINATE WITH OFFSITE FRIENDS & HAVE AN EMERGENCY PLAN IF YOU ARE NOT HEARD FROM BY X TIME.



9 BEWARE OF FOLKS TRYING TO GET YOU TO DESTROY PROPERTY. THEY CAN SOMETIMES BE UNDERCOVER POLICE/FEDS. GET TO KNOW THE CROWD FIRST. DON'T DO ANYTHING YOU ARE NOT COMFORTABLE WITH. DON'T BE AFRAID TO ASK QUESTIONS.



Self-Care



"Always remember that when you are a black girl everyday that you exist in your body without apologizing is activism"
-Raven Taylor

#CareFreeBlackGirls



HOLLABACK... ISANG BAGSAK...{ }

